

## **Tennis Tip June 2010 Issue:**

Some great tennis tips from a book entitled: Tennis, Playing, Training and Winning by Marcel Gauchi:

1. 70% of your first serve should go in. If not, sacrifice some of your speed for accuracy.
2. Two thirds of your serves should be aimed at your opponent's backhand.
3. If you do use a second serve, depth is the important concept. Keep your second serve deep.
4. For a good service return, concentrate on the ball from the moment your opponent tosses it to serve. Begin your backswing as soon as you recognize whether the ball is going to your forehand or backhand side.
5. A good service return, is a consistent return. Try to keep the ball in play.
6. Consider aiming some of your service returns straight at your opponent.
7. Statistics show that your chances of winning a point, when you have been forced to the edge of the court, are approximately three times better with a lob than with a normal stroke.
8. In tennis, the winner is not the one who scores the most , but the one who scores the decisive points. Each match has its key moments, two or three points. Winners have a key instinct for such key points.

Another comment:

" In high level doubles, the team that first controls the net wins the point 85% of the time". Anne Smith (10 time Grand Slam Champion).

Thank you,

Chuck Limpert

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